

CAMPEONATO  
**PANAMERICANO**  
**JUDO 2018**

ADULTOS, EQUIPOS Y KATAS

SAN JOSÉ, COSTA RICA

ABRIL 19-22

ENTRY PACKET / CONVOCATORIA







# WELCOME MESSAGE FROM THE PRESIDENT OF THE PAN AMERICAN JUDO CONFEDERATION



**Manuel Larrañaga  
President  
Pan American Judo  
Confederation**



Dear Friends:

On behalf of the Pan American Judo Confederation, we welcome you to the Pan American Judo Championship, Senior, Teams and Katas 2018 in Costa Rica.

For the Pan American Judo Confederation, it is very important to accomplish events of great prominence in our continent, since our competitors in this category have the opportunity to take part in an accredited event within the ranking events of the International Judo Federation. In this sense, this championship is the first one for the next Pan American Games in Lima 2019.

Many thanks to the Judo Federation of Costa Rica, for their valuable support in the organization of this event, to whom I also wish all the best.

Likewise to all the participants, I wish that this event will be a great experience, with much success and many accomplishments.

***Manuel Larrañaga  
President***



## WELCOME MESSAGE FROM THE PRESIDENT OF THE JUDO FEDERATION OF COSTA RICA



**Dudley López**  
President  
Judo Federation of  
Costa Rica



Dear friends of America,

Once again, it is with great pleasure that our country extends to you the warmest greetings. We are now very close to the Pan American Judo Championship, Adults, Teams and Katas Costa Rica 2018, and are very excited to send you the official invitation and bases of the tournament.

Costa Rica has a lifelong legacy of peace and brotherhood with the nations of the continent, the same we aspire to keep growing in the sporting field, and especially in the sport which we love so much, Judo.

We have worked carefully and with dedication, to prepare an event of first-world quality, such as the best athletes of America deserve. We hope that in our beautiful land you will sow the great success for which you have worked so hard, and that you may take back to your country the best memories of this nation and its people who welcome you today.

Costa Rica awaits you with open arms!

*Dudley López*  
*President*

**PAN AMERICAN JUDO CHAMPIONSHIP**  
**SENIOR, TEAMS & KATAS**  
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**I. PROGRAM**

DATE	TIME	ACTIVITY	PLACE
TUESDAY APRIL 17	ALL DAY	Arrival of national teams	HOTEL WYNDHAM HERRADURA
WEDNESDAY APRIL 18	10:00 – 18:00 17:00	Accreditation Kata Draw Kata Judges' Examination	HOTEL WYNDHAM HERRADURA
THURSDAY APRIL 19	09:00 – 12:00	Accreditation	HOTEL WYNDHAM HERRADURA
	09:00	<b>DAY 1: KATA COMPETITION</b> - Nage-no-Kata - Katame-no-kata - Ju-no-kata - Kime-no-kata - Kodokan-goshin Jutsu	SALON CRISTAL, CENTRO DE EVENTOS PEDREGAL
	14:00 17:00 18:00	PJC Congress Shiai Draw Referee Clinic	HOTEL WYNDHAM HERRADURA
	19:00 – 19:30	Non-Official Weigh-in Shiai	
	19:30 – 20:00	Official Weigh-in Shiai	
	FRIDAY APRIL 20	09:00 – 15:00	<b>DAY 2: SHIAI COMPETITION</b> W: -48kg, -52kg, -57kg, -63kg M: -60kg, -66kg, -73kg
16:00		Final Block	
19:00 – 19:30 19:30 – 20:00		Non-Official Weigh-in Official Weigh-in	HOTEL WYNDHAM HERRADURA
SATURDAY APRIL 21	09:00 – 15:00	<b>DAY 3: SHIAI COMPETITION</b> W: -70kg, -78kg, +78kg M: -81kg, -90kg, -100kg, +100kg	SALON CRISTAL, CENTRO DE EVENTOS PEDREGAL
	16:00	Final Block	
	19:00 19:30 – 20:00 20:00 – 20:30	Teams Draw Non-Official Weigh-in Teams Official Weigh-in Teams	HOTEL WYNDHAM HERRADURA
	SUNDAY APRIL 22	09:00	<b>DAY 4: TEAMS COMPETITION</b> Teams Men and Women
MONDAY APRIL 23	ALL DAY	Departure of national teams	



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## 2. ORGANIZER

### Judo Federation of Costa Rica

**Address:** Pabellón de Federaciones, Oficina #1030  
Estadio Nacional  
San José, Costa Rica.

**Phone:** +506 2549-0970

**E-mail address for this championship:**

[Costaricapanam2018@gmail.com](mailto:Costaricapanam2018@gmail.com)  
[apicado@fecojudo.com](mailto:apicado@fecojudo.com)

**Webpage:** [www.fecojudo.com](http://www.fecojudo.com)



## 3. COMPETITION VENUE

### Centro de Eventos Pedregal Salón Cristal

San Antonio de Belén, Heredia,  
Costa Rica.



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4. OFICIAL HOTEL FOR ALL THE DELEGATIONS

**Hotel Wyndham Herradura**

San Antonio de Belén, Heredia, Costa Rica.

<http://www.wyndhamherradura.com/>



Hotel review:

This luxury resort is a five star hotel. It is located right next to the #1 Highway in direction to San José, only 10 minutes away by car from Juan Santamaría International Airport.

Local interest sites such as the Museum of Modern Art (MADC) and the National Theater of Costa Rica, that keep permanent exhibits of plastic arts, are located within 12 km from the hotel. Nearby there are also restaurants such as the Hard Rock Café and a shopping center.



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The rooms are spacious and comfortable, with wall-high windows, security boxes, flat-panel TV's, coffee makers, and other commodities. Also, they have private terraces with beautiful views of the mountains or the garden/swimming pool areas. Free Wi-Fi is available in all the hotel. Some superior rooms have direct access to the swimming pools, and the suites include some extras such as jacuzzis, saunas or kitchens. Room service is also available.



There are four restaurants with national and international gastronomy, including one with music shows. The hotel also has a gym, a spa, four swimming pools and a casino.





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- **Reservations wil not be accepted directly by the official hotel.** All reservations must be done by filling all the required information in **Form No. 2** and sending it to the next e-mail addresses latest by **March 15th**:

[Costaricapanam2018@gmail.com](mailto:Costaricapanam2018@gmail.com) / [apicado@fecojudo.com](mailto:apicado@fecojudo.com)

- **Room prices:**

Type of Room	Price in US Dólares per person	Annotations
Single	\$245.00	
Double	\$210.00	
Triple	\$185.00	Limited availability*

\*Reservations will be booked on a first-come first-served basis. In the order of reception of the forms.

- All prices are per person and include:
  - ✓ Full-board meals:
    - Breakfast buffet: Restaurant Tropicala, Hotel Wyndham Herradura
    - Lunch buffet: Salón Cristal, Centro de Eventos Pedregal
    - Dinner buffet: Salón Bromelias, Hotel Wyndham Herradura
  - ✓ Transportation Airport-Official Hotel-Airport;
  - ✓ Ground transportation between the official hotel and the competition venue during the days of competition,
  - ✓ Accreditation.
- **Check-in:** 3:00 p.m. / **Check-out:** 12:00 m.d.
- At the official hotel the following activities related to this tournament will take place:
  - ✓ **Accreditations:** Salón Jazmín, Hotel Wyndham Herradura.
  - ✓ **Technical Meeting and Draws:** Salón Girasol, Hotel Wyndham Herradura.
  - ✓ **Official and Non-Official Weigh-in:** Pending, Hotel Wyndham Herradura.
  - ✓ **Referee Clinic:** Salón Bouganvillea, Hotel Wyndham Herradura
  - ✓ **Training Area:** Salón Bouganvillea, Wyndham Herradura y Salón Cristal, Centro de Eventos Pedregal
  - ✓ **PJC Congress:** Salón Heliconias, Hotel Wyndham Herradura.

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• **Payments:**

The organizer will only guarantee the reservation once the proof of payment is received according to the indications given in this document. All payments must be done by bank transfer to the bank indicated below:

<b>Account owner:</b>	FEDERACION COSTARRICENSE DE JUDO
<b>Address:</b>	Oficina Estadio Nacional de Costa Rica
<b>Bank:</b>	BANCO DE COSTA RICA
<b>Bank Address:</b>	San José, Costa Rica
<b>Account:</b>	001-0294124-4
<b>IBAM:</b>	CR49015201001029412447
<b>#Swift Code:</b>	BCRICRSJ

The proof of all payments done by bank transfer must be sent to the following e-mail latest by **March 30th**:

[Costaricapanam2018@gmail.com](mailto:Costaricapanam2018@gmail.com) / [apicado@fecojudo.com](mailto:apicado@fecojudo.com)

**Important details regarding payment and cancellation of reservations:**

1. All payment of reservations must be done by bank transfer in US Dollars to the bank account indicated above.
2. Each Federation is responsible for making the official hotel reservations as per the preceding indications.
3. **The final date to cancel reservations will be March 30th**, according to the rules given in this document. Any cancellation made after that date will be considered as extemporaneous and the Federation will have to pay 100% of the amount of the reservation.
4. Upon reception of the reservations, the organizer will send to each Federation a pre-invoice.
5. If it is necessary to cancel any reservation within the designated dates, please notify the organizing committee immediately. No cancellations will be accepted upon arrival or registration at the official hotel.
6. Sickness, injuries or visa problems are not qualified reasons for cancellation of reservations.
7. Any damage caused to the hotel by members of any national team, will be payed entirely by the Federation to which they belong.
8. The delegations that under any circumstance do not take lodging in the official hotel (Hotel Wyndham Herradura), must cancel an additional inscription fee of US\$200 per person. This fee will not include services as the full-board meals, ground transportation or access to the training areas.
9. Any reservation for additional rooms or more participants, made after the deadline, will have an additional charge of 10% over the official fees, without exceptions.

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## 5. MIGRATION AND VISAS

Please be advised that all travelers coming to Costa Rica from South America, must be vaccinated against the Yellow Fever and a proof document of this at the moment of arrival to the migration stands. In case that the document is not shown, the entry to Costa Rica could be denied. Please take any provisory measures for this. The application of this vaccine could require several days of medical observation, since it may cause symptoms that could result in an impossibility to travel.

The organizer is in the best disposition to aid the Federations that may require visa approvals to travel to Costa Rica. Please send **Form Nr. 2** with the complete list of participants and the information required, **latest by March 15th**, to the following e-mail addresses:

[Costaricapanam2018@gmail.com](mailto:Costaricapanam2018@gmail.com) / [apicado@fecojudo.com](mailto:apicado@fecojudo.com)

## 6. GROUND TRANSPORTATION

The organizer will provide ground transportation for all the Federations from the airport to the official hotel (Hotel Wyndham Herradura). Also, ground transportation from the official hotel to the airport will be provided on the departure of each delegation. In order to do this, every delegation must send **Form Nr. 5 latest by April 05th** with information of the flight itinerary to the following e-mail addresses:

[Costaricapanam2018@gmail.com](mailto:Costaricapanam2018@gmail.com) / [apicado@fecojudo.com](mailto:apicado@fecojudo.com)

## 7. INSURANCE

The Judo Federation of Costa Rica, or any of their officials, affiliates or members, will not be responsible for personal damage, injuries, or loss of belongings related to the participation or the travel to this Championship.

## 8. DEADLINES FOR REGISTRATION

**First Entry / By Number (Form Nr. 1):** February 28, 2018

**Visa aid request (Form Nr. 2):** March 15, 2018

**Official hotel reservation (Form Nr. 3):** March 15, 2018

**Final Entry / By Name (Form Nr. 4):** March 15, 2018

**Hotel payment and sending of proof by mail:** March 30, 2018

**Flight itinerary (Form Nr. 5):** April 05, 2018



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- **Official Registration:**

Official registration must be made also in the International Judo Federation on-line system, [www.judobase.org](http://www.judobase.org). The delegations that do not register by the deadline set on this website, will not be allowed to compete, with no exception.

All competitors, trainers and officials must be registered on time. After the deadline indicated by the IJF, no additional persons can be included.

Note: In case of an injury of a competitor or trainer that have been officially registered in this system, it will be allowed to substitute them for another person.

For any questions or help, please contact before the deadline at the following e-mails:

[Costaricapanam2018@gmail.com](mailto:Costaricapanam2018@gmail.com) / [apicado@fecojudo.com](mailto:apicado@fecojudo.com)

## 9. PJC FEES

Any country that has not yet paid the annual membership fee for 2018, must pay it before they can participate in this championship. The annual fee for each Federation is US\$240.00.

All athletes must pay the PJC fee of US\$20.00 at the moment of registration at the official hotel in Costa Rica.

## 10. ENTRY AND ACCREDITATION CONTROL

Entry and accreditation control will take place at the official hotel, Hotel Wyndham Herradura.

Age of competitors: The participant athletes must have been born in 2003 or previous years, that is, must turn 15 years old any time this year.

At least one official/delegate must be present and sign the confirmation of the participation of the athletes and officials. No more than two persons will be admitted per each delegation at the accreditation post at any moment.

If the delegate(s) are delayed and no one is present to confirm the participation of a national team, it could result that the participation is denied without any right to claim.

If there is delay or problem for a delegate to be present at the entry control, the organizing committee must be notified immediately at the following e-mail addresses:

[Costaricapanam2018@gmail.com](mailto:Costaricapanam2018@gmail.com) / [apicado@fecojudo.com](mailto:apicado@fecojudo.com)

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## **11. NUMBER OF PARTICIPANTS**

SHIAI: Each Federation may register up to nine (9) athletes in women's division and nine (9) athletes in men's division, with a maximum of 2 athletes per category.

TEAMS AND KATAS: Each national team may register up to 9 teams and each team may participate in a maximum of 2 Katas out of 5. The teams competition will follow the new IJF rules for this type of competition, meaning mixed teams of 3 men and 3 women competitors, since this competition will give points to the teams world ranking.

## **12. COMPETITION RULES**

The Pan American Judo Championship Senior, Teams and Katas Costa Rica 2018, will be held according to the rules of the International Judo Federation (IJF), adapted to the PJC.

A) The participating countries must be members of the CPJ.

B) A competitor can only represent the country of his/her citizenship, and he/she must provide proof of identity, age and citizenship by presenting the passport during the entry and accreditation control.

**Men's Division:** -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg

**Women's Division:** -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg

## **13. INCIDENTALS**

Any irregular, exceptional or unexpected situation, will be solved by decision of the Executive Committee of the PJC, with the aid of the organizing committee.

## **14. REFEREES**

Los árbitros deben contar con licencia otorgada por la Federación Internacional de Judo IJF, class "A" or "B".

**Referee Clinic:** Thursday April 19, 18:00, Salón Bouganvillea, Hotel Wyndham Herradura.

**Referee Registration:**

a) Hotel reservation: March 15, 2018

b) Official registration in [www.judobase.org](http://www.judobase.org): Please check the website.

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## 15. WEIGH-IN

Individual Competition:

The official weigh-in will be on the day before the competition according to categories. The balances will be available in the non-official weigh-in area during the whole day. The non-official and official weigh-in will be at the official hotel, Hotel Wyndham Herradura.

An aleatory weight check may be done applying the same rules that follow the official weigh-in, in the morning each day previous to the competitions. The weight of the athlete cannot be higher than 5% (without Judogi) of the maximum weight limit for each category.

## 16. COMPETITION SYSTEM

This event is organized according to the Sporting Code and the IJF Rules. Repechage will be applied to the remaining 8 competitors of each category. The 8 competitors with the best world ranking present will be seeded in the draw.

**Duration of Contests:** 4 minutes (with Golden Score if necessary) for all competitions of the Men's and Women's Divisions.

## 17. AWARDING THE WINNER

The criteria to award the final positions in Round Robin system will be:

1. The number of wins.
2. If after considering the number of wins, there is a tie between two or more rivals, the position will be decided based on the number of points obtained by each competitor.
3. If after considering these two criteria, the rivals are still tied, the position will be decided based on who won the combat between the two tied competitors.
4. If three or more competitors maintain a tie after considering these criteria, the competitors must compete again to Golden Score until a winner can be defined.

Note: If a competitor is present at weigh-in but not present to compete, the rival will be assigned Fusen Gachi (10 points).

Each country may register one (1) team in the Nage No Kata event. The competing pair may be two men, two women or a mixed couple. Only one medal will be awarded to each winning couple.



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## 18. DRAW

Each delegation must be represented at the Draw. Up to two (2) delegates per country will be admitted.

The dress code for the delegates to the Draw is jacket suit and tie.

## 19. JUDOGI CONTROL

White and blue Judogi are mandatory for the Shiai competitions. White Judogi is mandatory for the Kata competitions.

The Judogi control according to IJF Sokuteki Rule will be applied in this championship.

**Approved Judogi:** The competitors must wear only IJF approved Judogi, of the following trademarks: Greenhill, SFJAM NORIS, DANRHO, MIZUNO, Double D Adidas, HAYAKAWA, Fighting Film, Budo Sport AG, ESSIMO, MATSURU B.V, KAPPA.

**Judogi Control:** Judogi markings must be according to IJF and PJC regulations, they must include the Official IJF Label with red edges and the IJF optical code. Further information can be found in the IJF Judogi Rules.

If an athlete does not obey the Judogi rules, the trainer who is responsible for the athlete must be suspended for the competitions the rest of the day. In case this behavior is repeated, the trainer will be suspended for the rest of the event.

**Back Number:** All competitors must have an IJF/PJC official back number (can be obtained at [www.mybacknumber.com](http://www.mybacknumber.com)). The advertising sponsors will be given by the organizer during the accreditation.

If the Judogi used by an athlete does not comply to the IJF/PJC specifications, including the back number, the athlete will be disqualified from the event.

del atleta no cumple con todas las especificaciones de la FIJ/CPJ, incluyendo el parche trasero, el atleta será descalificado del evento.

**Advertising:** It will comply to the IJF/PJC rules.

## 20. ESPECIFIC RULES FOR WOMEN

All female competitors must wear under the Judogi a round-neck, plain white T-shirt with short sleeves, made from non-rigid fabric and long enough to tuck inside the Judogi trousers. No markings may be visible when de Judogi is done up. All other regulations must be obeyed.

Note: The masculine athletes cannot wear any undergarments beneath the Judogi jacket.

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## 21. COACHING

All coaches must be acquainted with and fully adhere to the IJF Code of Conduct for Judo Coaches. The code of behavior of coaches as defined in the IJF Sports and Organization Rules Annex 4 will be strictly observed.

### **Dress Code:**

- Draws: Jacket suit and tie.
- Elimination Rounds: National track sports suit with long trousers
- Final Block: Jacket suit and tie.

Coaches are not allowed to give any indication to the competitors while they are fighting.

Only during the pause time (after matte), coaches are allowed to give indications to their athletes.

When the pause ends and the combat continues (hajime), coaches must keep silent.

Coaches that do not comply with these rules, may be expelled from the competition area.

If a coach maintains this behavior outside the competition area, he/she may be sanctioned.

## 22. DOPING CONTROL

Doping control will include the following athletes:

- a. Gold medal winner of each category.
- b. One of the other three medal winners, chosen by draw.

It is important that each delegation is well acquainted with the Doping Control protocol.

The draw from part b. will be done according to the Anti-doping Rules and the IJF Sports and Organization Rules, before the end of the finals block.

The competitors must report to the Doping Control Station immediately after signing the notification form. According to WADA IST Art. 5.4.4., before the doping control the athletes are allowed to take part in the awarding ceremony and fulfill their press commitments, or receive medical treatment if necessary. The chosen competitors will be at all times accompanied by an official chaperone (designated by the organizing committee), from the moment of notification until they arrive to the Doping Control Station. A person chosen by the athlete (delegation physician, coach, delegate, etc.) may also accompany him.

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## **23. AWARDS AND PRIZES**

The organizer must provide for the awarding ceremony the following:

- a. Certificate of participation for each athlete.
- b. Medals for the first (gold medal), second (silver medal) and third (bronze medal) places.

In cases where there are only four (4) competitors registered in a category, only one gold, one silver and one bronze medal will be awarded.

Trophies will be awarded to the teams that win the first, second and third place in the Women's and Men's Divisions.

## **24. TRAINING**

The trainings will be at Salón Bouganvillea of the Hotel Wyndham Herradura, and at Salón Cristal of the Centro de Eventos Pedregal, which is the competition venue. All delegates must reserve the training schedule for their national team with the organizing committee.

The scheduling of the training sessions will be organized according to a first-come, first-serve basis each day. To reserve the training schedule, delegates must fill-in the form that the organizing committee will keep at the official hotel.

## **25. MEDAL CEREMONY**

All medal winners must be present at the medal awarding ceremony, wearing white Judogi, no shoes, socks or flip flops. Medal winners must follow the protocol that will be explained to them at the moment, according to the arrangement of the awarding area. If a competitor is absent to the awarding for no valid reason, he/she will lose the right to the medal.

It is absolutely forbidden that a competitor in the awarding podium may bring and hold flags, insignia or symbols from his/her country, other than the ones that are represented in a regular manner in their Judogi and equipment. Also any demonstration of political, religious, personal or commercial affiliation, or the presence of any item on their body or head is strictly prohibited.





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**FORM NR. 1**

**FIRST ENTRY / BY NUMBERS**

With this form, we confirm our participation in the Pan American Judo Championship Senior, Teams and Katas Costa Rica 2018, and accept all the rules and regulations.

FEDERATION INFORMATION	
FEDERATION:	
PRESIDENT:	
E-MAIL ADDRESS:	
PHONE:	
CHARGE	NUMERO DE PERSONS
Feminine Athletes	
Masculine Athletes	
Coaches	
Referees	
Medical Team	
Delegates	
Others	
<b>TOTAL</b>	

Please send this form and any additional questions to: [Costaricapanam2018@gmail.com](mailto:Costaricapanam2018@gmail.com) / [apicado@fecojudo.com](mailto:apicado@fecojudo.com)

**Deadline: February 28, 2018.**



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**FORM NR. 2**

**VISA REQUEST**

FEDERATION INFORMATION					
FEDERATION:					
PRESIDENT:					
E-MAIL ADDRESS:					
PHONE:					
FULL NAME	CHARGE	PASSPORT #	DATE OF ISSUE	VALID THROUGH	NACIONALITY

Please send this form and any additional questions to: [Costaricanam2018@gmail.com](mailto:Costaricanam2018@gmail.com) / [apicado@fecojudo.com](mailto:apicado@fecojudo.com)

Deadline: March 15, 2018. Each Federation must check the procedure according to the country.









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**FORM NR. 5**

**FLIGHT ITINERARY**

FEDERATION INFORMATION					
	FEDERATION:				
	PRESIDENT:				
	E-MAIL ADDRESS:				
	PHONE:				
	DATE	TIME	AIRLINE	FLIGHT NUMBER	NUMBER OF PERSONS
ARRIVAL					
DEPARTURE					

Please send this form and any additional questions to: [Costaricanpanam2018@gmail.com](mailto:Costaricanpanam2018@gmail.com) / [apicado@fecojudo.com](mailto:apicado@fecojudo.com)

**Deadline: April 05, 2018.**